

		Tuesday			Spanish Wednesday			Friday
1	10:00 – 10:20	Chair Exercise	2	10:00 – 10:20	Chair Exercise	4	10:00 – 10:20	Chair Exercise
	10:30 – 11:30	Potpourri with Jodi Dorchak		10:30 – 11:30	Speaker		10:30 – 11:30	Gail's Vacationkominsky@jfsbroward.org;
	11:30 – 12:30	Lunch – Tuna Salad		11:30 – 12:30	Lunch – Baked Fish		11:30 – 12:30	Lunch – Lemon Chicken
	12:30 – 2:00	Ageless and Unstoppable - Vivian		12:30 – 2:00	Bingo		12:30 – 1:30	Super Bingo
8	10:00 – 10:20	Chair Exercise	9	10:00 – 10:20	Chair Exercise	11	10:00 – 10:20	Chair Exercise
	10:30 – 11:30	Potpourri with Jodi Dorchak		10:30 – 11:30	Speaker		10:30 – 12:30	Chanukah Party
	11:30 – 12:30	Lunch – Egg Salad		11:30 – 12:30	Lunch – Baked Chicken		11:30 – 12:30	Lunch – Pot Roast
	12:30 – 1:30	Change One Thing - Vivian Hachamoff		12:30 – 2:00	December Birthday Party		12:30 – 1:30	Movie "White Christmas" Popcorn & Soda served
15	10:00 – 10:20	Chair Exercise	16	10:00 – 10:20	Chair Exercise	18	10:00 – 10:20	Chair Exercise
	10:30 – 11:30	Potpourri with Jodi Dorchak		10:30 – 11:30	Speaker		10:30 – 11:30	Brain Games
	11:30 – 12:30	Lunch – Krab Salad Roll		11:30 – 12:30	Lunch – Salisbury Steak		11:30 – 12:30	Lunch – BBQ Chicken
	12:30 – 2:00	The Bitty Bunch - Vivian Hachamoff		12:30 – 2:00	Movie		12:30 – 1:30	Happy Holidays with Meri Zeiv
22	10:00 – 10:20	Chair Exercise	23	10:00 – 10:20	Chair Exercise			
	10:30 – 11:30	Potpourri with Jodi Dorchak		10:30 – 11:30	Speaker			
	11:30 – 12:30	Lunch – Cobb Salad		11:30 – 12:30	Lunch – Turkey Breast			
	12:30 – 2:00	Holiday Show – Edie DeCaro		12:30 – 2:00	Christmas/New Year Party			

29	10:00 – 10:20	Chair Exercise	30	10:00 – 10:20	Chair Exercise
	10:30 – 11:30	Potpourri with Jodi Dorchak		10:30 – 11:30	Speaker
	11:30 – 12:30	Lunch – Tuna Salad		11:30 – 12:30	Lunch - Hamburger
	12:30 – 2:00	Attitude of Thankfulness - Vivian		12:30 – 2:00	New year Project